



**Second  
Winders  
2011**  
Since 1981

**Backpacking** sponsored  
by the Episcopal Diocese  
of El Camino Real

**A week in a California mountain  
wilderness in early August.  
For Adults – Beginners and  
Experienced**

**Second Winders** is celebrating its 31<sup>th</sup> year

**SIERRA STRIDERS GROUP**

Sun. August 7 – Sun. August 14 (8 days)  
*Ansel Adams Wilderness south of  
Yosemite: Fernandez trailhead to Ann Lake*

**→ See trip descriptions on back panel**

**Second Winders** is a backpacking organization  
sponsored by the Episcopal Diocese of El  
Camino Real. We are celebrating our 31<sup>th</sup> year  
and invite you to explore with us the magnificent  
wilderness of California's Sierra Nevada  
Mountains. We carry everything, so some days  
can be challenging as we go about our  
explorations with extra weight on our backs.

**REGISTRATION FORM  
SECOND WINDERS 2011**

**Cost for all food, group supplies and  
leadership: \$140.00 per person**

**Note: No charge for the first clergy on  
each trip.**

This year's Sierra Striders trip is limited to 15  
hikers. Reservations by **May 1st** are required  
to ensure proper food and equipment  
provision. Sign up now and bring a friend or  
two! (Note that some trips fill up very fast.)

**Yes!** Register me for a **2011 Second  
Winders** backpacking trip. Enclosed is my  
registration/deposit check for **\$70.00** made  
payable to **Second Winders**

NAME

ADDRESS

CITY

STATE

ZIP

PHONE

EMAIL

AGE

**PREVIOUS BACKPACKING EXPERIENCE**

Event(s) and year(s)

**TENT**

I have additional room in my tent  
 I do not have a tent and would like to share

**CARPOOL**

I plan to drive to the trail head and will have  
room in my car to take others.

I do not plan to drive and would like to share  
a ride with someone.

**TRIP DETAILS**

I only need an equipment check list.  
(For previous Second Winders who would like  
to help reduce our mailing costs.)

Use email instead of regular mail, when  
possible.

**MAIL REGISTRATION BY MAY 2nd!**

Cancellation Policy: Full refund if cancellation  
received prior to July 1<sup>st</sup>.

Mail registration form and **\$70 deposit** check to:

**SECOND WINDERS**  
30 Cima Way  
Portola Valley, CA 94028

www.secondwinders.org



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## Trip Description

### SIERRA STRIDERS TRIP

Sun. August 7 - Sun. August 14 (8 days)

Join the Red Group as we explore the high country in the western part of the Ansel Adams Wilderness, south of Yosemite National Park. The trip starts and ends at Fernandez trailhead. Packhorses will carry our gear to our first destination, Flat Lake. We will have 3 layover days at Ann Lake to soak in views to the east of the Ritter Range with Mount Ritter and Mount Banner. There will be optional day hikes to Fernandez Pass (where we can see the back side of Half Dome), Slab Lakes and Triple Divide Peak. There will also be a layover day at Flat Lake. The use of packhorses on the first day will add approximately \$70 to the cost of the trip.

Leader: Bob Wrucke.

Call Bob at (650) 851-8435

### TRIP DIFFICULTY

TRIP	SIERRA STRIDERS*
Lowest Elevation, ft	7,530
Highest elevation, ft	9,520
Average Elevation change/day, ft	300
Maximum climb/day	880
Climb on first day w/o backpacks*	1,710
Total miles/trip	20
Typical miles/day	3.4
Maximum miles/day	6.4
Layover days	4

\* On the first day mules will carry backpacks to the first campsite.

Details about equipment and preparation will be sent to you along with your registration acknowledgment. Group rosters (with tent and transportation notes) will be mailed to you prior to the trip.

Severe winter storms with resulting high water and snow levels may require changes to trips. Your trip leader will keep you informed.

*→ See registration form on other side.*

**MAIL REGISTRATION BEFORE May 2nd!**

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Portola Valley, CA 94028  
[www.secondwinders.org](http://www.secondwinders.org)